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ABSTRACT OF THE DISCLOSURE

A neckrest, for a chair having a backrest, is configured to be attached to a backrest shield in a height-adjustable manner. The neckrest includes a circular cross-section retaining rod, configured to be connected to the backrest shield via an articulated or movable connection so as to be tiltable by up to approximately 30° in a vertical plane vertically with respect to a surface of the backrest, and a circular cross-section guide sleeve, mounted on the retaining rod so as to be slidingly shiftable by up to approximately 200 mm on the retaining rod. The retaining rod includes a molding on a side thereof which is closest the backrest and seated in a housing having a recess. The molding has a round surface which slides under pressure on a polyurethane rubber material friction dampening device so as to achieve the articulated connection.

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